

The Nocturnists & Bellevue Literary Review  
present

# TAKING CARE

an evening of live storytelling

Saturday, November 4, 2023 | 8:00 PM

PETER NORTON

**SYMPHONY  
SPACE** LEONARD  
NIMOY THALIA

2537 Broadway at 95th St  
New York City



# **TAKING CARE**

## **an Evening of Live Storytelling**

produced by The Nocturnists & Bellevue Literary Review

### **HOSTED BY**

Emily Silverman, MD

Ashley McMullen, MD

### **STORIES BY**

Lu Chekowsky

Roshni Shah, MSN

Shaida Kamali, MLS (ASCP)

Ann Schrooten

Zed Zha, MD

### **MUSIC BY**

Kwami T. Coleman

**The Nocturnists** is an award-winning medical storytelling live show and podcast, founded by clinicians in San Francisco, which aims to cultivate joy, compassion, and humanism in medical practice.

**Bellevue Literary Review** is an award-winning literary journal that publishes poetry, fiction and nonfiction about health, illness and healing. **BLR** features the perspectives of patients, caregivers, family members, medical professionals, writers, and the general public.

**Taking Care** is a live storytelling event where five different caregivers, ranging from doctors, nurses, and family members, offer a glimpse into their experiences giving and receiving care.



# HOSTS



**EMILY SILVERMAN, MD** is an internal medicine physician in San Francisco, Assistant Volunteer Professor of Medicine at UCSF, and the Creator and Host of the award-winning medical storytelling live show and podcast, *The Nocturnists*. Her writing has been supported by a MacDowell fellowship and published in *The New York Times*, *The Boston Globe*, *Virginia Quarterly Review*, *JAMA*, *CHEST*, *McSweeney's*, and more. She lives in San Francisco with her family.



**ASHLEY MCMULLEN, MD** practices primary care at the San Francisco VA and is the Associate Director for the UCSF internal medicine Residency Diversity Committee. Ashley is a board member of *Bellevue Literary Review* and a long-time collaborator with *The Nocturnists*. She served as the host and producer of *The Nocturnists' Black Voices in Healthcare* series and told her own story in San Francisco at our *Transitions* show in 2020. She co-hosts *The Human Doctor* podcast with Dr. Kimberly Manning.



**DANIELLE OFRI, MD, PhD** is the editor-in-chief of *Bellevue Literary Review*. She is a primary-care doctor at Bellevue Hospital and a clinical professor of medicine at NYU. Her writing appears in *The New Yorker*, *The New York Times*, *NEJM* and *The Lancet*. She is the author of six books; her latest is *When We Do Harm: A Doctor Confronts Medical Error*. [www.danielleofri.com](http://www.danielleofri.com)



# STORYTELLERS (IN ORDER OF APPEARANCE)



**LU CHEKOWSKY** is an Emmy-winning writer and creative director who built a successful career in media through gut, intuition, and addiction to approval. Her writing has appeared in *The Rumpus*, *Pigeon Pages*, *The Maine Review* and others. She is a 2023 NYSCA/NYFA Fellow in Nonfiction Literature and is currently writing a memoir about her years spent as a nearly 300 pound woman working in the image business at Conde Nast, Wieden+Kennedy [the ad agency for Nike], MTV and Facebook.



**ROSHNI SHAH, MSN** is a heart-centered & compassionate community leader, nurse, and professor based in Chicago. She empowers others through creative expression, holistic healing, and community support. She founded Meri Mira, a nonprofit organization, in honor of her mother. She was awarded the Emerging Nurse Leader Award for her health equity work. Roshni is an avid meditator dedicated to self-healing as a means to transformation. You can follow her on social media @FollowTheRoshni.



**SHAIDA KAMALI, MLS (ASCP)** is a first-year medical student at the University of Oklahoma. She grew up in Kigali, Rwanda, moved to Oklahoma for college, and graduated with a Bachelor's in Medical Laboratory Science. Shaida has worked at Mercy Hospital for the past seven years. When Shaida is not watching Korean drama, she is at the gym or annoying her brother.





**ANN SCHROOTEN** is the mother of four children. Her son, Jack, was born with a rare congenital muscular dystrophy that required him to need around-the-clock care. Jack lived a love-filled life for 15 years. Ann is co-editor with Dr. Barry Markovitz of the book, *Shared Struggles: Stories from Parents and Pediatricians Caring for Children with Serious Illnesses*. She is an estate planning attorney and founder of The Willow Tree Foundation, an Arizona non-profit that supports families of medically fragile children. She lives in Chandler, AZ.



**ZED ZHA, MD** is a family physician and writer. Zed grew up in Beijing and came to the US at age 20, and recently became a citizen. Zed graduated from Dartmouth Medical School and finished residency in the Mayo Clinic Health Systems. She just completed a dermatology fellowship in Texas and survived the weather without moss growing in her ears. Her labradoodle couldn't say the same. Currently, she's finishing a writing fellowship by the Massachusetts Historical Society. Soon, she will return to Washington state to work with the farm workers.

## MUSIC



**KWAMI T. COLEMAN** is a musician, composer, producer, and musicologist specializing in improvised music. His research interests and publications include topics in experimental and black music history, music aesthetics, technology, and vernacular music cultures. As a pianist and recording artist, he's led and played in ensembles that range between jazz, improvised, and experimental/New Music groups, hip-hop, folkloric, West African, and dance music. Coleman is an assistant professor of music at the Gallatin School of New York University and hails from Harlem, NYC.



# STORY COACHES

**MOLLY ROSE-WILLIAMS** is a Story Producer and Head of Story Development at The Nocturnists. She is also a performance artist, educator, writer, and community arts organizer. She has presented her work on stages across the US, Mexico, Canada, and Belgium. She also works as a curriculum developer and food-based educator. In all her work, Molly is driven by a desire to cultivate moments that open up previously unimagined possibilities. See more at [www.mollyrosewilliams.com](http://www.mollyrosewilliams.com).

**KRISTIN MOE** is a Story Producer at The Nocturnists and a multidisciplinary artist, creative coach and educator. Her storytelling work has spanned journalism, audio documentary, teaching, community-based theater and curating intimate, live events. In her creative life she explores human-ecological entanglements, somatic healing and repair - in search of embodied modes of storytelling that point the way toward collective change.

# PRODUCERS

**EMILY SILVERMAN, MD**, Creator/Host, The Nocturnists

**DANIELLE OFRI, MD PhD**, Editor-in-Chief, *Bellevue Literary Review*

**ALISON BLOCK, MD**, Executive Producer, The Nocturnists

**REBECCA GROVES**, Chief Operating Officer, The Nocturnists

# SPECIAL THANKS

Special thanks to Brian Aldous, Carly Besser, Stacy Bodziak, Mariano Carranza, Kasia Laskowski, James Nikraftar, Maynard Monrow, Jon Oliver, Rodrigo Valencia, and the entire staff at Symphony Space.



# THE NOCTURNISTS

Take a listen to our latest documentary podcast series, *Post-Roe America*, which explores the impact of the Supreme Court’s Dobbs decision on clinicians and patients across the United States.

Learn more about our upcoming documentary podcast series, *Uncertainty in Medicine* - a collaboration with arts educator Alexa Miller.

Scan the QR code to support our work in medical storytelling.  
Thank you for your support!



# BELLEVUE LITERARY REVIEW

Join us online for **Narrative Arc: The Journey from Writer to Reader** on Tuesday, December 5th at 7pm ET. This event celebrates the unique relationship between the writers who bring words to the page and the readers who receive them. Tickets are free. [tinyurl.com/BLR-Narrative-Arc](https://tinyurl.com/BLR-Narrative-Arc)

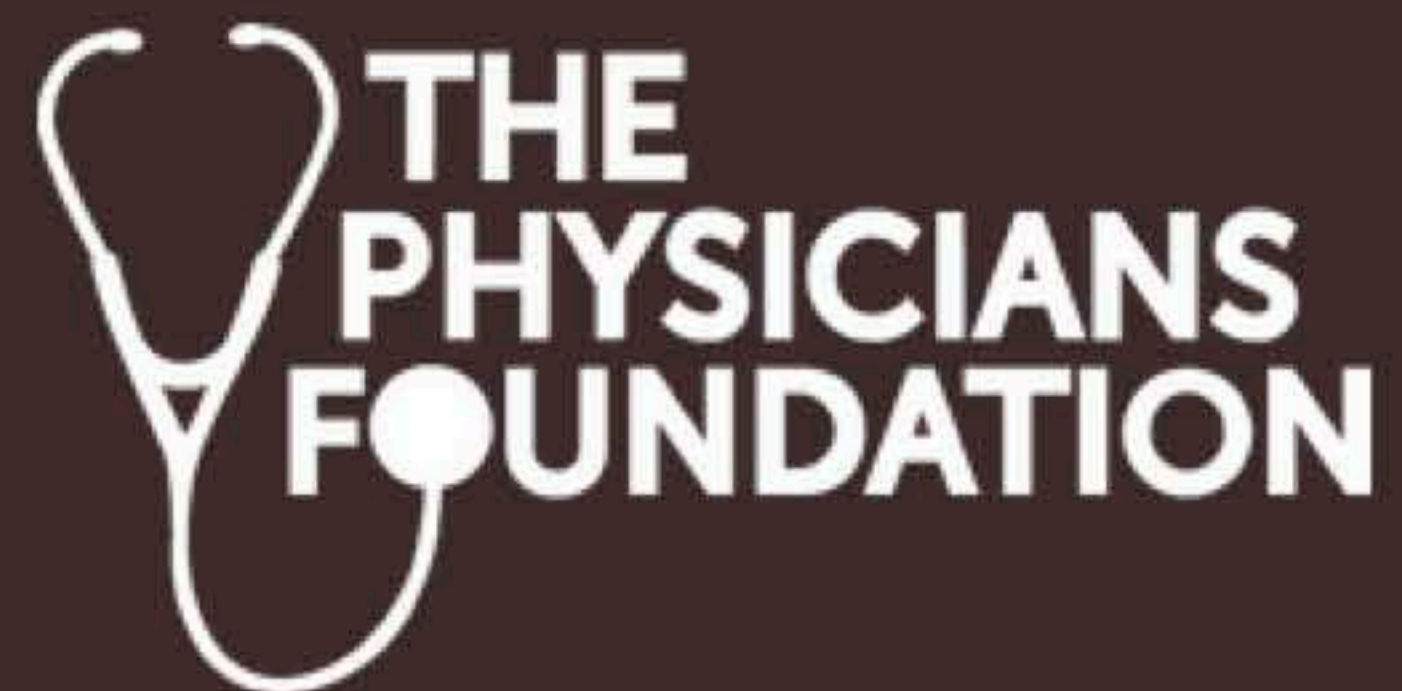
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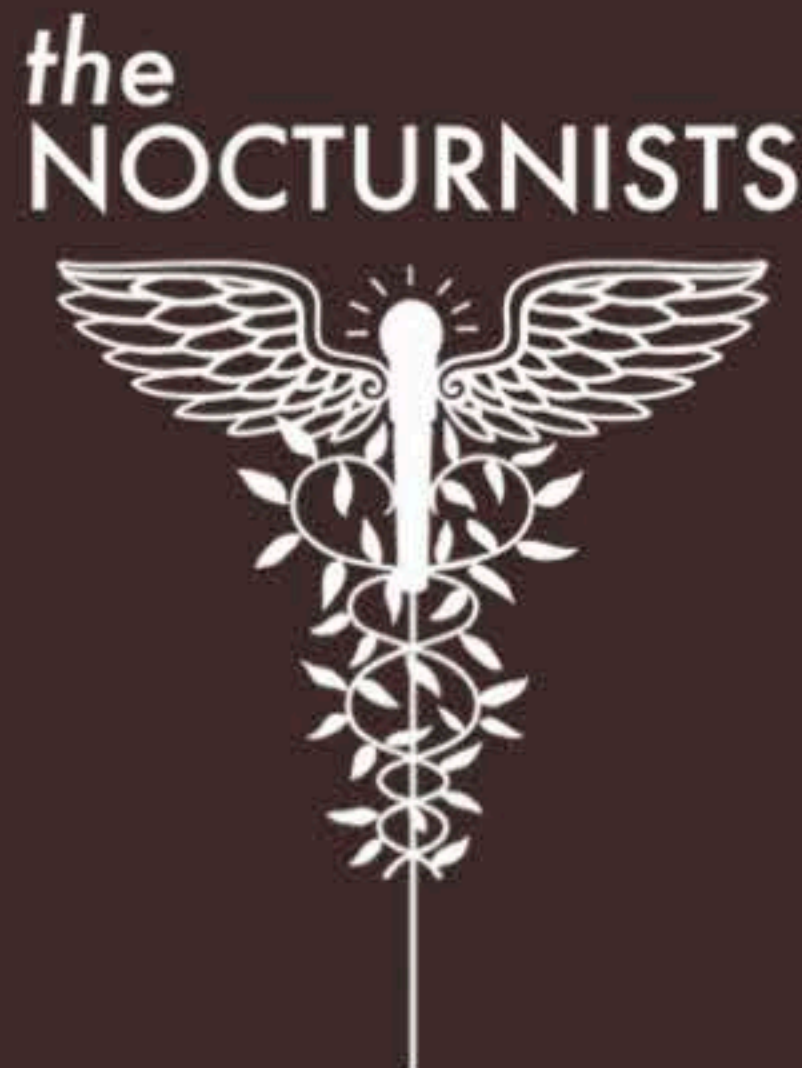
# SPONSORS

*Taking Care* is made possible by The Physicians Foundation and All In: Wellbeing First for Healthcare.



*Taking Care* is also supported by the Arnold P. Gold Foundation, May & Samuel Rudin Family Foundation, New York State Council for the Arts, and Remo Health.

The Nocturnists’ title sponsor is the California Medical Association.



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