



Illustration: [Nicole Xu](#)

# *the* NOCTURNISTS: Post-Roe America Opportunities for Advocacy



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## What advocacy can look like for you

There are many ways to get involved in advocacy around abortion and reproductive healthcare. We outlined a number of options you can consider. Whether you have 5 minutes a day, several hours a week, or only a few days a year, anyone can participate in advocacy work. You can support clinics and patients from your home, from out in the field, or even through in-kind donations. Continue scrolling to learn more about different opportunities for advocacy.

**You can also find local opportunities and abortion funds in your state here:**

[Get Involved Locally - National Network of Abortion Funds](#)

[Find Your Local Practical Support Organization](#)

## Media and Storytelling

Do you like writing articles and blog posts? Are you savvy with social media?

This approach may be for you:

**Write Op-Ed pieces, articles for your local newspaper, or letters to the editor**

[Op-Ed Writing: Tips and Tricks — The OpEd Project](#)

[How To Write An Op-Ed](#)

**Leverage social media to share facts and stories about abortion**

Downloadable graphics: [Social Media | ACOG](#)

Use relevant hashtags: [Display Purposes - Best #abortion hashtags for Instagram, TikTok, YouTube in 2023](#)

**Share your personal story**

[Story Sharing Toolkit](#)

[Origin Story — WE TESTIFY](#)

**Political Engagement and Legal Advocacy**

Do you want to engage with your local and national representatives? Would you like to volunteer for legal advice hotlines for patients seeking care? Here are ways you can get involved:

**Support the following bills to protect abortion access in every state and the right to travel across state lines to obtain abortions**

[Women's Health Protection Act](#)

[Ensuring Women's Right to Reproductive Freedom Act of 2022 \(HR. 8297\)](#)

**Contact your state elected officials**

[Find and contact elected officials](#)

[American Civil Liberties Union Email Template](#)

### **Repro Legal Helpline**

Provides free, confidential legal information or advice about abortion laws throughout the country, including self-managed abortion, young people's access to abortion or judicial bypass, and referrals to local resources.

Visit: [Get Involved | Repro Legal Helpline](#)

### **Abortion Network Defense Fund**

Helps individuals obtain legal services and secure funding to pay for legal expenses.

Visit: [Get in Touch | Abortion Defense Network](#)

### **California Abortion Alliance**

Connects legal, health, and allied communities to protect and advance access to safe, legal abortion care in California, bridging the gap between abortion law, policy, research, and service provision.

Visit: [California Abortion Alliance](#)

### **The Forefront Project**

Provides free legal service for organizations that advance and defend reproductive rights, health, and justice.

Visit: [Forefront Project | Hopewell | DonationPay](#)

## **Volunteer with Reproductive Health Organizations**

Do you like working with people? Would you volunteer as a patient escort at your local abortion clinic? Or train as a peer advocate for patients seeking abortion care? Consider checking out:

### **Planned Parenthood**

Promotes sexual and reproductive health and well-being, based on respect for each individual's right to make informed, independent decisions about health, sex, and family planning.

Learn more here: [Planned Parenthood Jobs and Volunteering Opportunities](#)

### **Reproductive Health Access Project**

Trains and supports clinicians looking to integrate reproductive healthcare including abortion into their practice.

Learn more here: [PC Abortion Resources - Reproductive Health Access Project](#)

### **All-Options**

Provides support for people making decisions about pregnancy, abortion, and adoption. They offer a peer counseling talkline, clergy counseling, and workshops to support advocates, providers, and students.

Learn more here: [All-Options](#)

### **NARAL Pro-Choice America**

Fights to protect reproductive freedom and expand access to abortion care, paid parental leave, and birth control.

Learn more here: [NARAL Pro-Choice America](#)

### **Operation Save Abortion**

Trains volunteers to be matched with abortion access organizations.

Learn more here: [Operation Save Abortion Volunteers](#)

## **Donate and Support Abortion Care Organizations**

Advocacy often comes in the form of in-kind donations. Are you able to contribute to abortion care funds? We recommend:

### **National Abortion Federation Hotline Fund**

Offers financial assistance for abortion, transit, provider referrals, language services, and Spanish language support.

Visit: [Support our Work - National Abortion Federation](#)

### **Women’s Reproductive Rights Assistance Project**

Offers financial assistance for abortion and emergency contraception.

Visit: [Donate to WRRAP Today](#)

### **Abortion Freedom Fund**

Offers financial assistance for abortion.

Visit: [Donate — Abortion Freedom Fund](#)

### **Indigenous Women Rising**

Offers financial assistance for abortion.

Visit: [Abortion Fund | iwrising](#)

### **Reprocare**

Offers provider referrals, emotional support, language services, abortion doula services, and Spanish language support.

Visit: [Support Reprocare](#)

### **Women’s Health Specialists–Women in Need Fund**

Offers financial assistance for abortion, lodging, general and local transit, food assistance, language services, child care assistance, and interpretation services.

Visit: [Donate - Women's Health Specialists](#)

### **Physicians for reproductive health**

Ensures that physicians' advocates have training and support to fight for abortion and that no one goes without the healthcare they need.

Visit: [Defend access to reproductive health care. Donate now.](#)

## **Community Engagement**

Do you have friends or family members with different opinions on abortion care? Having these conversations can be hard, but talking about abortion is one of the most powerful forms of advocacy. Here are some tools to better engage your network:

Use the [Heart-To-Heart Abortion conversation toolkit](#) to guide your conversations.

Check out: [How to Respond to Tough Questions and Avoid Anti-Choice Traps](#)